

# AMBE Lunch Menu

Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS)  
– Tsi Snaihne School (TSS)



	Breakfast	Lunch
Monday September 21 <sup>st</sup> Thursday September 24 <sup>th</sup>	Breakfast pogo Milk	Chicken Caesar Salad Cheese and Crackers Fruit
Tuesday September 22 <sup>nd</sup> Friday September 25 <sup>th</sup>	Oatmeal Milk	Meatball Sub Steamed Veggies Fruit
Monday September 28 <sup>th</sup> Thursday October 1 <sup>st</sup>	Muffin Cheese string Milk	Cold plate- deli rolls ups Crackers Veggies/Dip Fruit
Tuesday September 29 <sup>th</sup> Friday October 2 <sup>nd</sup>	Toast Boiled egg Milk	Pasta Salad Cheese and Crackers Pudding

***We're sorry, but we do not have substitute meals. Please be sure to check your menu and send a bag lunch with your child on days the school menu is not desired. Also, please do not send peanuts, cashews, pistachios, sunflower products, cinnamon or products with these ingredients with your child's bag lunch. Some students and staff with anaphylaxis can have severe-critical allergic reactions when exposed to these foods.***

# AMBE Lunch Menu

Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS)  
– Tsi Snaihne School (TSS)



	Breakfast	Lunch
Monday October 5 <sup>th</sup> Thursday October 8 <sup>th</sup>	Sausage Breakfast Sandwich Milk	Hot Ham and Cheese Veggie Sticks Fruit
Tuesday October 6 <sup>th</sup> Friday October 9 <sup>th</sup>	Nutrigrain Bar Cheese String Milk	Corn Soup Biscuits
<b>Monday Oct. 12<sup>th</sup></b> <b>No School</b> Thursday October 15 <sup>th</sup>	Yogurt Graham crackers Milk	Sloppy Joe Veggie Fruit
Tuesday October 13 <sup>th</sup> Friday October 16 <sup>th</sup>	Applesauce Cheese String Graham Crackers Milk	Chicken Wrap Cheese Stick Dessert
Monday October 19 <sup>th</sup> Thursday October 22 <sup>nd</sup>	Breakfast Pogo Milk	Spaghetti with meat sauce Steamed Veggies Dessert
Tuesday October 20 <sup>th</sup> Friday October 23 <sup>rd</sup>	Oatmeal Milk	Turkey Sandwich Veggie Sticks Dessert
Monday October 26 <sup>th</sup> Thursday October 29 <sup>th</sup>	Muffin Cheese String Milk	Taco Salad Nacho Chips Cheese Stick Dessert
Tuesday October 27 <sup>th</sup> Friday October 30 <sup>th</sup>	Toast Boiled Eggs Milk	Meatloaf Mashed Potatoes, Veggies Fruit

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Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS)  
– Tsi Snaihne School (TSS)



	Breakfast	Lunch
Monday November 2 <sup>nd</sup> Thursday November 5 <sup>th</sup>	Sausage Breakfast Sandwich Milk	Fish Nuggets Veggie Sticks Fruit
Tuesday November 3 <sup>rd</sup> Friday November 6 <sup>th</sup>	Nutrigrain Bars Cheese String Milk	Ham Scalloped Potatoes Steamed Veggies Fruit
Monday November 9 <sup>th</sup> Thursday November 12 <sup>th</sup>	Yogurt Graham Crackers Milk	Chicken Noodle Soup Breadstick Cheese Fruit
Tuesday November 10 <sup>th</sup> Friday November 13 <sup>th</sup>	Applesauce Cheese String Graham Crackers Milk	Shepard's Pie Fruit Cup
Monday November 16 <sup>th</sup> Thursday November 19 <sup>th</sup>	Breakfast Pogo Milk	Chicken Burger Caesar Salad Grapes
Tuesday November 17 <sup>th</sup> Friday November 20 <sup>th</sup>	Oatmeal Milk	Turkey Mini Sub Macaroni Salad Fruit
Monday November 23 <sup>rd</sup> <b>Thursday November 26<sup>th</sup></b> <b>NO SCHOOL</b>	Muffin Cheese string Milk	Hot Dog Macaroni and Cheese Applesauce
Tuesday November 24 <sup>th</sup> <b>Friday November 27<sup>th</sup></b> <b>NO SCHOOL</b>	Toast Boiled Egg Milk	Tomato Mac Soup Tuna Sandwich Dessert
Monday November 30 <sup>th</sup> Thursday December 3 <sup>rd</sup>	Sausage Breakfast Sandwich Milk	Baked Ziti Green Beans Dessert

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# AMBE Lunch Menu

Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS)  
– Tsi Snaihne School (TSS)



	Breakfast	Lunch
Tuesday December 1 <sup>st</sup> Friday December 4 <sup>th</sup>	Nutrigrain Bars Cheese String Milk	BBQ Pork Sandwich Steamed Veggies Dessert
Monday December 7 <sup>th</sup> Thursday December 10 <sup>th</sup>	Yogurt Graham Crackers Milk	Cheese Pizza Veggies/Dip Fruit
Tuesday December 8 <sup>th</sup> Thursday December 11 <sup>th</sup>	Applesauce Cheese String Graham Crackers Milk	Veggie Soup Breadstick Cheese String Fruit
Monday December 14 <sup>th</sup> Tuesday December 22 <sup>nd</sup>	Breakfast Pogo Milk	Chicken Caesar Salad Cheese and Crackers Fruit
Tuesday December 15 <sup>th</sup> Thursday December 17 <sup>th</sup>	Oatmeal Milk	Meatball Sub Steamed Veggies Fruit
Monday December 21 <sup>st</sup> Friday December 18 <sup>th</sup>	Muffin Cheese String Milk	Cold Plate Deli Roll Ups Crackers Veggies/Dip Dessert
Tuesday December 22 <sup>nd</sup> Thursday December 24 <sup>th</sup> NO SCHOOL	Toast Boiled Egg Milk	Pasta Salad Cheese and Crackers Pudding

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# AMBE Lunch Menu

Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS)  
– Tsi Snaihne School (TSS)



	Breakfast	Lunch
Monday January 4 <sup>th</sup> Thursday January 7 <sup>th</sup>	Sausage Breakfast Sandwich Milk	Hot Ham and Cheese Veggie Sticks Fruit
Tuesday January 5 <sup>th</sup> Friday January 8 <sup>th</sup>	Nutrigrain Bar Cheese String Milk	Corn Soup Biscuits
Monday January 11 <sup>th</sup> Thursday January 14 <sup>th</sup>	Yogurt Graham Crackers Milk	Sloppy Joe Sandwich Steamed Veggie Fruit
Tuesday January 12 <sup>th</sup> Friday January 15 <sup>th</sup>	Applesauce Cheese String Graham Crackers Milk	Chicken Wrap Cheese Stick Dessert
Monday January 18 <sup>th</sup> Thursday January 21 <sup>st</sup>	Breakfast Pogo Milk	Spaghetti/meat sauce Steamed Veggie Dessert
Tuesday January 19 <sup>th</sup> Friday January 22 <sup>nd</sup>	Oatmeal Milk	Turkey Sandwich Veggie Sticks Dessert
Monday January 25 <sup>th</sup> Thursday January 28 <sup>th</sup>	Muffin Cheese String Milk	Taco Salad Nacho Chips Cheese Stick Dessert
Tuesday January 26 <sup>th</sup> Friday January 29 <sup>th</sup>	Toast Boiled Egg Milk	Meatloaf Mashed Potatoes Steamed Veggie Fruit

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# AMBE Lunch Menu

Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS)  
– Tsi Snaihne School (TSS)



chocolate comes from cocoa  
cocoa comes from a tree  
trees are plants



CHOCOLATE = SALAD

	Breakfast	Lunch
Monday February 1 <sup>st</sup> Thursday February 4 <sup>th</sup>	Sausage Breakfast Sandwich Milk	Fish Nuggets Veggie Sticks Fruit
Tuesday February 2 <sup>nd</sup> Friday February 5 <sup>th</sup>	Nutrigrain Bar Cheese String Milk	Ham Scalloped Potatoes Steamed Veggies Fruit
Monday February 8 <sup>th</sup> Thursday February 11 <sup>th</sup>	Yogurt Graham Crackers Milk	Chicken Noodle Soup Breadstick Cheese Fruit
Monday February 9 <sup>th</sup> Friday February 12 <sup>th</sup>	Applesauce Cheese String Graham Crackers Milk	Shepard's Pie Fruit Cup Chicken Wrap Cheese Stick Dessert
<b>Monday February 15<sup>th</sup></b> <b>NO SCHOOL</b> Thursday February 18 <sup>th</sup>	Breakfast Pogo Milk	Chicken Caesar Salad Cheese and Crackers Fruit
Tuesday February 16 <sup>th</sup> Friday February 19 <sup>th</sup>	Oatmeal Milk	Turkey Mini Sub Macaroni Salad Fruit
Monday February 22 <sup>nd</sup> Thursday February 25 <sup>th</sup>	Muffin Cheese String Milk	Hot Dog Macaroni and Cheese Applesauce
Tuesday February 23 <sup>rd</sup> Friday February 26 <sup>th</sup>	Toast Boiled Egg Milk	Tomato Mac Soup Tuna Sandwich Dessert

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# AMBE Lunch Menu

Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS)  
– Tsi Snaihne School (TSS)



	Breakfast	Lunch
Monday March 1 <sup>st</sup> Thursday March 4 <sup>th</sup>	Sausage Breakfast Sandwich Milk	Baked Ziti Green beans Dessert
Tuesday March 2 <sup>nd</sup> Friday March 5 <sup>th</sup>	Nutrigrain bars String Cheese Milk	BBQ Pork Sandwich Veggies Dessert
Monday March 8 <sup>th</sup> Thursday March 11 <sup>th</sup>	Yogurt Graham Crackers Milk	Cheese Pizza Veggie Sticks Fruit
Tuesday March 9 <sup>th</sup> Friday March 9 <sup>th</sup>	Applesauce Cheese String Graham Cracker Milk	Veggie Soup Breadstick Cheese Stick Fruit
<b>March 15-19</b>	<b>MARCH BREAK</b>	<b>MARCH BREAK</b>
Monday March 22 <sup>nd</sup> Thursday March 25 <sup>th</sup>	Breakfast Pogo Milk	Chicken Caesar Salad Cheese and Crackers Fruit
Tuesday March 23 <sup>rd</sup> Friday March 26 <sup>th</sup>	Oatmeal Milk	Meatball Sub Steamed Veggies Fruit
Monday March 29 <sup>th</sup> Thursday April 1 <sup>st</sup>	Muffin Cheese String Milk	Cold Plate Deli Rolls Ups Crackers Veggies and Dip Fruit
Tuesday March 30 <sup>th</sup> Friday April 2 <sup>nd</sup> <b>NO SCHOOL</b>	Toast Boiled Egg Milk	Pasta Salad Cheese and Crackers Pudding

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Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS)  
– Tsi Snaihne School (TSS)



	Breakfast	Lunch
<b>Monday April 5<sup>th</sup></b> <b>No School</b> Thursday April 8 <sup>th</sup>	Sausage Breakfast Sandwich Milk	Chicken Caesar Salad Cheese and Crackers Fruit
Tuesday April 6 <sup>th</sup> Friday April 9 <sup>th</sup>	Nutrigrain Bars Cheese String Fruit	Corn Soup Biscuits
Monday April 12 <sup>th</sup> Thursday April 15 <sup>th</sup>	Yogurt Graham Crackers Milk	Sloppy Joe Veggie Fruit
Tuesday April 13 <sup>th</sup> Friday April 16 <sup>th</sup>	Applesauce Cheese String Graham Crackers Milk	Chicken Wrap Cheese Stick Dessert
Monday April 19 <sup>th</sup> Thursday April 22 <sup>nd</sup>	Breakfast Pogo Milk	Spaghetti/meat sauce Steamed Veggie Dessert
Tuesday April 20 <sup>th</sup> Friday April 23 <sup>rd</sup>	Oatmeal Milk	Turkey Sandwich Veggie Sticks Dessert
Monday April 26 <sup>th</sup> Thursday April 29 <sup>th</sup>	Muffin Cheese String Milk	Taco Salad Nacho Chips Cheese Stick Dessert
Tuesday April 27 <sup>th</sup> Friday April 30 <sup>th</sup>	Toast Boiled Egg Milk	Meatloaf Mashed Potatoes Steamed Veggies Fruit

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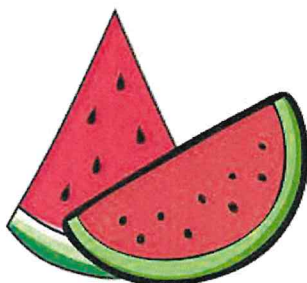


	Breakfast	Lunch
Monday May 3 <sup>rd</sup> Thursday May 6 <sup>th</sup>	Sausage Breakfast Sandwich Milk	Fish Nuggets Veggie Sticks Fruit
Tuesday May 4 <sup>th</sup> <b>Friday May 7<sup>th</sup> NO SCHOOL</b>	Nutrigrain bar Cheese String Milk	Ham Scalloped Potatoes Steamed Veggies Fruit
Monday May 10 <sup>th</sup> Thursday May 13 <sup>th</sup>	Yogurt Graham Crackers Milk	Chicken Noodle Soup Breadstick Cheese Fruit
Tuesday May 11 <sup>th</sup> Friday May 14 <sup>th</sup>	Applesauce Cheese String Graham Crackers Milk	Shepards Pie Fruit Cup
Monday May 17 <sup>th</sup> Thursday May 20 <sup>th</sup>	Breakfast Pogo Milk	Chicken Burger Caesar Salad Grapes
Tuesday May 18 <sup>th</sup> Friday May 21 <sup>st</sup>	Oatmeal Milk	Turkey Mini Sub Macaroni Salad Fruit
<b>Monday May 24<sup>th</sup> NO SCHOOL</b> Thursday May 27 <sup>th</sup>	Muffin Cheese String Milk	Chicken Noodle Soup Breadstick Cheese Fruit
Tuesday May 25 <sup>th</sup> Friday May 28 <sup>th</sup>	Toast Boiled Egg Milk	Tomato Mac Soup Tuna Sandwich Dessert
Monday May 31 <sup>st</sup> Thursday June 3 <sup>rd</sup>	Sausage Breakfast Sandwich Milk	Baked Ziti Green Beans Dessert

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Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS)  
– Tsi Snaihne School (TSS)



	Breakfast	Lunch
Tuesday June 1 <sup>st</sup> Friday June 4 <sup>th</sup>	Nutrigrain bar Cheese String Milk	BBQ Pork Sandwich Veggies Dessert
Monday June 7 <sup>th</sup> Thursday June 10 <sup>th</sup>	Yogurt Graham Crackers Milk	Cheese Pizza Veggie Stick Fruit
Tuesday June 8 <sup>th</sup> Friday June 11 <sup>th</sup>	Applesauce Cheese String Graham Crackers Milk	Veggie Soup Breadstick Cheese Stick Fruit
Monday June 14 <sup>th</sup> Thursday June 17 <sup>th</sup>	Breakfast Pogo Milk	CHEF'S CHOICE
<b>Monday June 21<sup>st</sup> NO SCHOOL</b> Thursday June 24 <sup>th</sup>	CHEF'S CHOICE	CHEF'S CHOICE
Tuesday June 22 <sup>nd</sup> Friday June 25 <sup>th</sup>	CHEF'S CHOICE	CHEF'S CHOICE
Monday June 28 <sup>th</sup>	CHEF'S CHOICE	CHEF'S CHOICE
Tuesday June 29 <sup>th</sup>	CHEF'S CHOICE	CHEF'S CHOICE

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